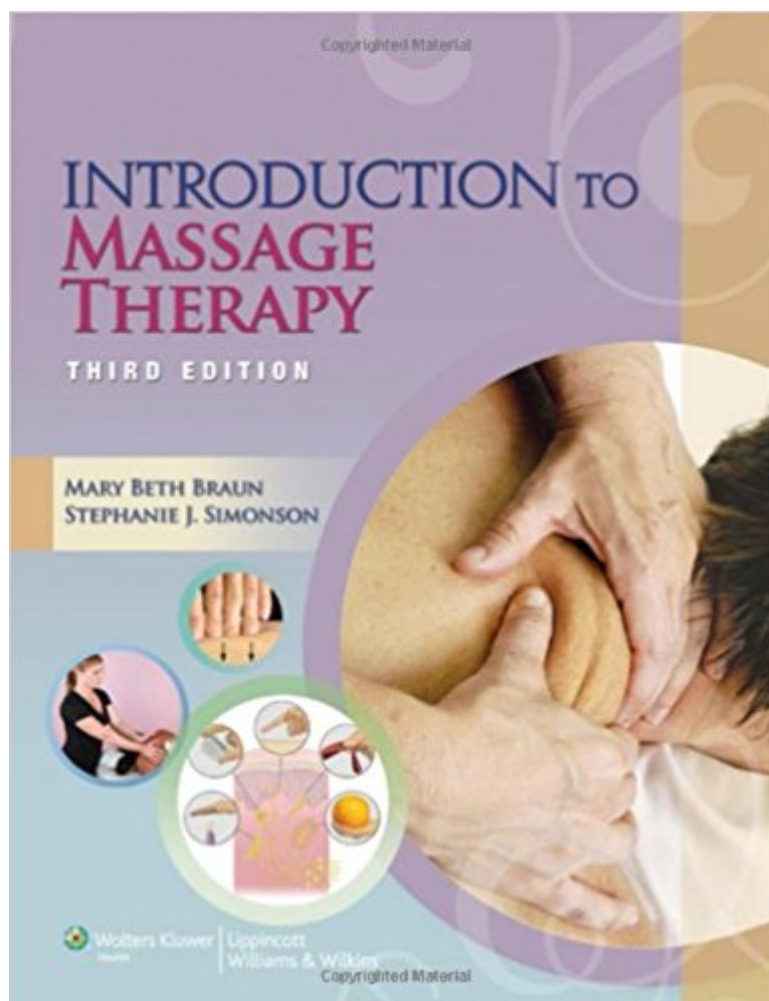




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Introduction To Massage Therapy (LWW Massage Therapy And Bodywork Educational Series)



Synopsis

Practical, concise, and well-illustrated, Introduction to Massage Therapy, 3rd Edition provides everything your students need to build strong, foundation skills that will carry them throughout their studies, help them prepare for the national exam, and launch them into successful careers as massage therapists. The book covers the science behind the practice of massage therapy through just the right amount of coverage of anatomy and physiology, pathology, and pharmacology. The Third Edition is enhanced by new evidence-based references and new online videos that demonstrate common procedures, techniques, and flow sequences. The new Third Edition enables you to:

- Save time planning and spend more time with your students with Instructor Resources, including:
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- Terminology
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Take your students' learning beyond the book with free online resources, including:

- New! Videos of procedures and flow sequences including body mechanics, sheet draping, sidelying, seated massage, client supine art, client leg and foot, client prone back, lymph drainage, and reflexology.
- New! Animations
- New! Coloring Exercises
- New! Stedman's Vocabulary and Pronunciation Guide
- New! Student Quiz Bank
- New! Study Plan
- Case Studies

Book Information

Series: LWW Massage Therapy and Bodywork Educational Series

Paperback: 672 pages

Publisher: LWW; Third edition (September 28, 2013)

Language: English

ISBN-10: 1451173199

ISBN-13: 978-1451173192

Product Dimensions: 1 x 8.2 x 10.5 inches

Shipping Weight: 3.4 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 3 customer reviews

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Customer Reviews

This is by far the best book that I have seen on teaching about massage. I have about a dozen or so and this is very thorough and well detailed with illustrations. Highly recommend this book!

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The book is a good introduction to massage therapy and covers just about everything

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